

Chowgule Education Society's

**Parvatibai Chowgule College of Arts and Science
Autonomous**

Accredited by NAAC with Grade 'A+'
Best Affiliated College-Goa University Silver Jubilee Year Award

THE COLLEGE SPORTS POLICY

2025



Amended September 21st, 2018
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INTRODUCTION

Sports are an integral part of social development and need to be encouraged. At Chowgule College, sports or any activity leading to a physically active lifestyle are considered as important components of overall personality development. We encourage staff and students to participate in physical activities and sports, as we firmly believe in its benefits. We aim to produce young men and women who are physically active, play with good sportsmanship and are competitive every time they step onto the field. We intend to teach our students to be committed to their team and take responsibility for their actions. To bring awareness amongst the students, we intend to draw a “The College Sports Policy”. The policy is binding to one and all of the Chowgule College Community.

The Rationale of the Policy

The basic rationale of the policy is that it should reach out to all registered students of the CES’s Parvatibai Chowgule College (hereinafter referred to as ‘the college’) by addressing their sporting and recreation needs. The policy aims to encourage students to undertake all such activities that develop **healthy** and long lasting lifestyles. The policy is designed to deal with concerns raised in relation to **the** specific issues which are prerequisites in maintaining good sportsmanship and respect towards each other and visiting individuals or teams.

Sports Mission

CES’s Parvatibai Chowgule College of Arts and Science is committed to supporting the development of a sustainable and diverse sport and recreation system that will provide a complete learning experience to its students as it believes that participation in competitive sports and recreational activities forms an integral part of the college education system.

SECTION 1: THE OBJECTIVES OF THE COLLEGE SPORTS POLICY

The prime objective of the CES’s Parvatibai Chowgule College Sports Policy is to foster holistic development, promote sports culture, and ensure the proper management of sports activities within the institution and to include SPORTS and ACTIVE LIFESTYLE as an important part of the overall curriculum offered by the college to its pupils.

The college sports policy will enable the institution to:

- a. **Foster Inclusivity:** Ensure equal opportunities for all students, regardless of gender, background, or ability, to participate in sports.
- b. **Build Competitive Excellence:** Identify and nurture talent to prepare students for state, national, and international sports competitions.
- c. **Promote Physical and Mental Well-Being:** Encourage a healthy lifestyle by integrating sports into students’ daily routines.
- d. **Develop Teamwork and Leadership:** Cultivate essential skills like teamwork, discipline, and leadership through sports.
- e. **Ensure Academic-Sports Balance:** Support student-athletes in maintaining a balance between academic pursuits and sports activities.
- f. **Enhance Sports Infrastructure:** Invest in quality facilities, equipment, and coaching to support diverse sports disciplines.



- g. **Encourage Sportsmanship:** Instill values of fairness, respect, and integrity.
- h. **Provide Career Opportunities:** Guide students toward careers in sports, coaching, or related fields.
- i. **Ensure Safety and Welfare:** Prioritize health and safety through proper training, medical support, and injury management.
- ji. **Promote Community Engagement:** Strengthen ties with the local community through sports events and initiatives.

SECTION 2: THE ROLES AND THE RESPONSIBILITIES OF COLLEGE, DEPARTMENT, FACULTY AND STUDENT WITH RESPECT TO SPORTS AND HEALTHY LIFESTYLE ACTIVITIES:

THE COLLEGE:

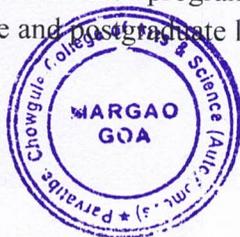
The College;

- a. Will give priorities to Sports and shall consider it as an integral part of the college academic programme.
- b. Shall make available necessary funds and infrastructure to implement the policy to its fullest.
- c. Will encourage/invite talented sportsmen to join the college.
- d. Will make provision in the college time table so as to involve students in competitive as well as recreational sports.
- e. Shall assign "duty leave" to the sportsmen on sports duties authorized by the college.
- f. Shall forward the list of students eligible for sports entitlement marks to the affiliated university in accordance with the relevant ordinance.
- g. Shall disburse travelling allowance & dearness allowance for the students participating in Inter Collegiate Championships as per the Goa University Sports Sections Circular from time to time.

THE DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS MANAGEMENT (DPSM):

Shall organise the following:

- a. To supervise and administrate, competitive, recreational and leisure time sports and healthy lifestyle activities.
- b. An orientation programme for students for a better understanding of sports facilities and sports and healthy lifestyle programmes of the college.
- c. The inter-department and inter-batch sports tournaments and identify talented sportspersons who have the potential to represent the college at the inter-collegiate sports tournaments.
- d. The intramural programme shall be organized in accordance to academic schedule of the college.
- e. To celebrate days of state, national and international importance by organizing sporting and healthy lifestyle activities.
- f. Shall organize a talent search programme to identify talented sportsmen eligible to join the college at graduate and postgraduate levels.



THE FACULTIES:

The faculties;

- a. Should take pride in associating themselves with sports activities and motivating/promoting students to participate in sports.
- b. Must make students aware of the sports policy of the college.
- c. Must encourage students to be involved in college sports and healthy lifestyle programmes.
- d. Should not deter any student from participating in internal and external sports activities authorized by the college administration.
- e. Should not organize an extra lecture/tutorial/exam or other related activities during the assigned time for student sports activity.
- f. Should assist the Department of Physical Education and Sports Management in promoting, organizing and supervising the college sports and healthy lifestyle programme.
- g. Shall make aware of the achievements of their students and highlight the same during their interaction with each other, if possible, in a classroom situation.
- h. Shall provide a fair chance to the student to undergo and complete the academic work missed out by the student, while on "duty leave".

THE STUDENTS:

The Student:

- a. Should take pride in associating themselves with sports activities and in motivating / promoting fellow students to take part in sports.
- b. Must be a member of a sports club in order to participate in any internal or external sports or related activities of the Department of Physical Education.
- c. Must follow the departmental and institutional code of conduct while participating in sports and representing the college at the competitions.

SECTION 3: DUTY LEAVE

Duty leave will be forwarded by the Department of Physical Education and Sports Management;

- a. For representing college at any authorized tournament or event at inter collegiate, taluka, district, state, national, international level.
- b. For maximum two preparatory matches prior to competition.
- c. For attending selection trials or coaching camp for inter university, taluka, district, state, national, international level tournament.
- d. For members of students' sports leadership group for conducting/organizing any internal sports programme.
- e. For a faculty/staff member accompanying the college team as team officials.

Duty leave will not be forwarded by the Department of Physical Education and Sports Management;

- a. For a student selected for the college team for undergoing practices within the college campus).
- b. For a student participating in any sports event organized within the college campus.

